**End of Life Quiz**

**(Pre/Post-Scenario)**

**Participating Student Number: \_\_\_\_ Date: \_\_\_\_\_**

After carefully reading the description about Patient CF, please answer the ten, multiple choice questions. Indicate your correct answer by circling the appropriate letter next to your selection. You will have 20 minutes to complete this quiz.

Patient CF has a physician order to receive palliative, end of life care and she is actively dying as a result of metastatic ovarian cancer, stage 4. She is a devote Catholic. Her husband is at the bedside and hasn’t left since admission. You’re working as an RN at the local hospital on the inpatient, medical unit and you are assigned to provide care to this patient for the next 12 hours. Please answer the following questions about Patient CF:

1. After reviewing the chart and reading the advanced directives written by Patient CF, you note that two physicians have signed the living will document. Choose the best explanation for the purpose of a living will at the end of life. (select one)
2. A living will provides a detailed outline of one’s wishes to not be resuscitated
3. A living will provides a detailed outline of one’s wishes of where they will die
4. Both a and b are correct
5. A living will provides a detailed outline of where one wishes to be buried
6. In order for you to provide quality, end of life nursing care to Patient CF, it’s crucial for you to thoroughly understand the unique differences in curative versus palliative care. Choose the best description of these differences. (select one)
7. Curative care includes treatment regimens such as antibiotics and chemotherapy whereas palliative care will not include either.
8. Curative care will be provided by a team of specialized disciplines whereas palliative care will be provided by a nurse and doctor.
9. Palliative care includes treatment regimens of multiple, strong pain medications with high dosages whereas curative care may or may not include the same.
10. Palliative care will be provided by a team of specialized disciplines whereas curative care will be provided by a doctor.
11. While providing nursing care to Patient CF, what discipline(s) might be contacted to provide assistance with her care? (select one)
12. None, the RN must provide all needed care
13. Chaplain/Priest/Monk
14. Social Worker
15. b and c
16. You have completed an assessment on Patient CF. From the following physical, objective data, identify which finding would be a sign that she is nearing death? (select one)
17. Pupils are equal with brisk responses to light, bilaterally noted
18. Body temperature is 68.2 F, axillary
19. There is no specific identifiable data to indicate death is near
20. Heart rate is 110 bpm
21. Currently, it is 2:10 AM and Patient CF asks you to get Father Bradlee from her church. To ensure a good death, which nursing intervention would you choose: (select one)
22. Call Father Bradlee at 7:00 AM before mass begins
23. Immediately contact the hospital chaplain and request a visit with the patient
24. Call the hospital chaplain at 7:00 AM when dayshift begins
25. Immediately call Father Bradlee and tell him of the patient’s request
26. Patient CF is moaning and exhibiting facial grimacing, you identify this as signs of pain. Below is a list of current physician orders for your patient that you may execute in order to relieve her pain. Select the most appropriate nursing intervention to complete at this time. Administer: (select one)
27. Morphine Sulfate Immediate Release (MSIR) 10 mg sublingual Q 4 hrs
28. Tylenol (Acetaminophen) 325mg, 2 tablets PO Q 8 hrs
29. Erythromycin 250 mg in 100 ml of NS, give IV over 1 hour three times a day
30. Furosemide (Lasix) 40 mg, IV twice a day with 12 hrs between doses
31. You are delegating tasks to a Nursing Assistant who is also assigned to Patient CF. You would be certain to include which of the following detailed tasks that the Nursing Assistant could complete: (select one)
32. Turn patient Q 8 hrs.
33. Do not turn patient
34. Turn patient with assist x2 Q 1 hr. and PRN
35. Turn patient with assist x2 Q 4 hrs.
36. Patient CF has increased mucous secretions and audible rales with each breath, you identify this as signs of respiratory difficulty. Below is a list of current physician orders for your patient that you may execute in order to relieve her symptoms. Select the most appropriate nursing intervention to complete at this time. Administer: (select one)
37. Furosemide (Lasix) 40 mg, IV, TID
38. Promethazine (Phenergan) 25 mg, sublingual, Q 4 hrs
39. Tylenol (Acetaminophen) 325mg, 2 tablets, PO, Q 8 hrs
40. Diazepam (Valium) 10 mg PO, Q 6 hrs
41. During your efforts in meeting the end of life needs for Patient CF, she tells you that she is seeing her Momma (who died 14 years ago) and her Momma is reaching for her hand to leave with her. The patient’s husband begins to cry and begs her not to leave him. Select the most appropriate nursing intervention to complete for Patient CF and her husband. (select one)
42. Support the patient’s husband by encouraging him to tell her goodbye
43. Do not contradict or explain away that the patient is seeing her Momma
44. Attentively listen to the patient and remain with her and the husband.
45. a, b, and c
46. As you assess Patient CF, you determine that her heart has stopped and she is no longer breathing. Select the most appropriate nursing intervention to complete first. (select one)
47. Awaken the patient’s husband who is sleeping in the recliner and inform him of her death.
48. Begin postmortem care according to the hospital protocol and procedure guidelines
49. Call the physician to provide the time of death
50. Contact the morgue staff to come and take the patient’s body to the morgue

**Survey Evaluation for the End of Life Nursing Simulation Scenario**

Date: \_\_\_\_\_\_\_

Session (circle one): AM PM

Please mark response box with an X

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| **Questions** | **Strongly Agree (5)** | **Agree (4)** | **Disagree (3)** | **Strongly Disagree (2)** | **Unsure (1)** |
| 1. | I feel this exercise has helped me to apply knowledge rather than just memorize knowledge. |  |  |  |  |  |
| 2. | I learned something beneficial through this simulation of caring for a dying patient and her family. |  |  |  |  |  |
| 3. | This simulation enhanced my critical thinking skills for providing end of life nursing care. |  |  |  |  |  |
| 4. | This simulation was facilitated smoothly by Mrs. Carol Murch. |  |  |  |  |  |
| 5. | This simulation promoted communication skills. |  |  |  |  |  |
| 6. | I feel I had a safe environment to share my ideas and thoughts. |  |  |  |  |  |
| 7. | This simulation was beneficial to my nursing education. |  |  |  |  |  |
| 8. | The simulation helped to uncover some knowledge deficiencies in myself. |  |  |  |  |  |
| 9. | The supplies needed were readily accessible. |  |  |  |  |  |